

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

Hello October



October Fun!

Rockville Terrace is excited for a spooky good time this October! Please make sure to mark your calendars so you don't miss out on all the spook-tacular fun we have planned!

- **October 14th- Passport Event:** Take a trip with us to Germany for Oktoberfest! We will be enjoying beer, authentic German snacks, and living it up German style before our "flight" back to Rockville!
- **October 22nd- Walk to End Alzheimer's:** Join us at the Suisun Marina as we participate in the annual Walk to End Alzheimer's; a cause near and dear to our hearts!
- **October 27th- Trunk or Treat Car Show:** Please join us at Rockville for vintage trunk or treat car show from 4:00PM-6:30PM! Wear your best Halloween costume and get excited to explore some of our favorite classic cars. Best costume will win a special prize!
- **October 28th- Monster Bash:** Wear your best Halloween costume along with your favorite dancing shoes for a spooky good happy hour!

October 2022

ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR MIKAYLA MUEHLEISEN
DIRECTOR OF
RESIDENT DEVELOPMENT... HANNAH RICHARDSON
AL CARE
COORDINATOR JOSEPHINE GARCIA-EVANS
MC CARE COORDINATOR CHRISTINE TAUGAVAU
COMMUNITY OUTREACH
DIRECTOR CHRISTINA TURNER
DINING SERVICES DIRECTOR EDGAR GONZALES
IL & AL ACTIVITY DIRECTOR MADDI LEWIS
MC ACTIVITY DIRECTOR JOLENE BARNETT
HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW
MEDICAL RECORDS KENYA JOHNSON



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Page 3: Memory Care

Maddi Lewis
Activities Director
Independent & Assisted Living



Happy Birthday to Our Friends Born in October!

Georgia C.	10/1
Irene S.	10/4
Barbara B.	10/15
Jesse G.	10/16
Joanne C.	10/19
Pat W.	10/27



Welcome Home!

- Mary O.
- Ardelle D.
- Louise L.
- Jerry J.
- Cheri J.

Welcome to Rockville Terrace! We are so excited to meet you and to get to know each and every one of you! Please do not hesitate to introduce yourselves or ask questions. We understand this transition can be difficult and we are here to help you any way we can!

Get to Know Our Staff



Meet Giselle

Hi, everyone! My name is Giselle and I am one of the cooks in the kitchen. I have worked at Rockville Terrace for two years now and I started as a server. Since then, I have worked my way up and now I love my job cooking!

I was born in Vallejo, but I was raised in Fairfield, where I currently still reside. I am also the fourth child out of the five and I am 22 years old! In my free time I enjoy playing soccer, binge watching television shows, and hanging out with my friends and family.

Along with working, I will also be going back to school to pursue my career in nursing! Working in a Senior Living Community has given me a lot of experience and has showed me that this is the career that is truly for me. Rockville Terrace is a great place to work, and has given me friends in my coworkers and also the residents!

We Are in This Together!

Please join us, Team Rockville Terrace, in the 2022 Walk to End Alzheimer's! We have been raising money all year for this cause that is near and dear to our hearts. The event will be October 22nd at the Suisun Waterfront and we hope to see many familiar faces there! The bus will be running this day, so if any of our residents would like to attend, please be sure to let the front desk know! We encourage everyone to support in any way they can whether it be walking, donating, or just cheering us on! We are in this fight together—go team Rockville!

Times:

Check-in is at 8:30am

Ceremony begins at 9:30am

Walking starts at 10:00am

Location:

Harbor Plaza

600 Main Street

Suisun City, CA 94585



After-Hours Assistance:

For assistance with anything **AFTER 5:30 PM** on any day, please call one of the following phone numbers:

Independent & Assisted Living:

707-344-3254

Memory Care:

707-366-2122

Happy Birthday to Our Memory Care Residents Born in the Month of October

- * Patrick G. - 10-4
- * Jewel K. - 10-8
- * Christine M. - 10-20
- * Sally. M - 10-28
- * Kayoko R. - 10-31



Jolene Barnett Memory Care Activities Director

We will be celebrating our Residents 'October Birthdays on October 28th at 2pm with cake and ice cream. We will also be having our Halloween Costume Party on October 31st at 2pm, with haunting treats and witch's brew!!



CANDID CORNER



Our beautiful Sally! Look at that smile as she enjoys fun in the morning sunshine with Jolene and the rest of the Gang!!!



Bill is thrilled to be outside enjoying a breath of fresh air. Of course, he loves the snacks, too!!! Gotta love that smile.



Patrick, Jewel, and Edna enjoying some morning sunshine on our patio singing "You Are My Sunshine", while enjoying snacks and refreshments.

What's Cooking

- Oct. 4th- Making peach cobbler
- Oct. 12th- Jolene's chili tasting
- Oct. 18th- Decorating Halloween cookies
- Oct. 25th- Making haunting treats



Still Time for the Flu Shot

If you haven't gotten your flu shot yet, it's not too late. Experts say the ideal time to get the vaccine is by the end of October, but getting it later can still be beneficial. Since it takes about two weeks for the vaccine's antibodies to develop in the body to start providing protection, make a point to get the shot as soon as possible.





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