

# Rockville Terrace

## SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

July 2022



### Summer's Best Cook-Off

Please join us for a fun family event on July 8th, from 12:00pm to 3:00pm! Rockville Terrace will be hosting a picnic-themed BBQ in the back courtyard with food, raffle prizes, and snow cones! We will be providing hot dogs and hamburgers and we are requesting some friendly competition from our community. Since we are providing the main dish we want YOU to provide your best picnic side dish! The 1st place winner will receive a \$200 gift card, 2nd place will receive a \$100 gift card, and 3rd place will receive a \$50 gift card! It will be \$10 for a meal ticket plus 5 raffle tickets. Additional raffle tickets will be \$1 per ticket or \$10 for 15 tickets! Please call (707)862-2222 to RSVP with your signature side dish!

### ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR ..... MIKAYLA MUEHLEISEN  
DIRECTOR OF  
RESIDENT DEVELOPMENT... HANNAH RICHARDSON  
AL CARE  
COORDINATOR ..... JOSEPHINE GARCIA-EVANS  
MC CARE COORDINATOR ..... MARIBEL SAMAYOA  
COMMUNITY OUTREACH  
DIRECTOR ..... CHRISTINA TURNER  
DINING SERVICES DIRECTOR ..... EDGAR GONZALES  
IL & AL ACTIVITY DIRECTOR ..... MADDI LEWIS  
MC ACTIVITY DIRECTOR ..... JOLENE BARNETT  
HOUSEKEEPING DIRECTOR... TRINA BARTHOLOMEW  
MEDICAL RECORDS ..... KENYA JOHNSON



**Page 2: Independent & Assisted Living**

**Page 3: Memory Care**

Maddi Lewis  
Activities Director  
Independent & Assisted Living



**Happy Birthday to Our Friends Born in July!**

- Millie C.: 07/03
- Kathleen W.: 07/08
- Beverly I.: 07/15
- Rebecca M.: 07/23
- Wallen Y.: 07/23

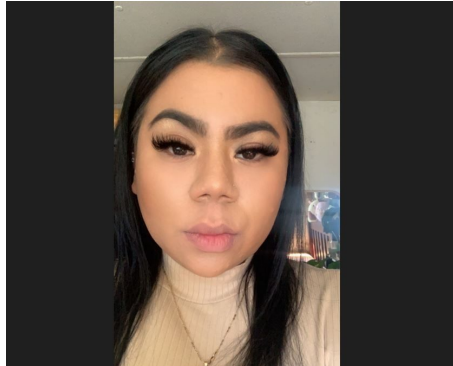
We want to wish you all the happiest of birthdays! Each one of you make Rockville Terrace special in your own way and we are so happy that we get the opportunity to celebrate your birthday with you!



**Our Deepest Condolences**

Rockville Terrace would like to extend our deepest condolences to the family of **Millie A** and also to the family of **Charles R**. Millie A was a friend to all and a champ at Bingo and Charles R could bring a huge smile to anyone's face with just a wave. Our whole community will miss them dearly.

**Meet Our Staff**



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**Meet Our Cook Maria!**

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"Hi everyone my name is Maria Cruz! I was born and raised in Fairfield, California and I am the oldest of 5 siblings. For the last four years I have worked at Rockville Terrace Senior Living! I started out as a server here and after a few years I was offered a position as a cook and I gladly accepted.

This was the first time that I have ever worked in an Assistant Living Community and I really enjoy it. I really enjoy cooking and baking but my favorite hobby, when I am not at work, is arts and crafts! I love doing crafts around the holidays like Christmas and Halloween.

When I am not at Rockville Terrace working, I am at home studying to be a registered nurse. I have learned and gained a lot these past four years of working here but mostly patience! I love this job because not only have I gained the experience, I have also gained a second family here!"

**SAVE THE DATE: Fun in the SUNday!**

Please join us on **Sunday, July 31st** for our annual "Fun in the Sun" event! This is a community event so be sure to bring your family and friends to participate in all of the fun we have planned! Starting at 10:00am and ending at 2:00pm all hours will be filled with exciting things to do! We will have a bounce house for the children, a dunk tank for you to show off your throwing skills, and delicious food prepared by our dining staff. Meal tickets will be \$10 a ticket and we will be serving street tacos, empanadas, quesadillas, and drinks! We will also have multiple vendors for you to stop by and shop their tables. Each vendor donated a raffle basket (plus other donated baskets) so the raffle will be something you definitely want to participate in! Each ticket will be a \$1 or you can purchase 15 tickets for \$10! There will be music, games to participate in, and a place to take fun photos to remember the wonderful time everyone had at "Fun in the Sun" 2022.





## Happy Birthday to Our Memory Care Residents Born in the Month of July

- Steve G. - 7/17
- Edna M. - 7/30
- Mary Jane B. - 7/31



*Wishing you a day that is as special and wonderful as you are!*

## SHOWTIME!

The Movie Theater is reserved for Memory Care Residents on Wednesdays, at 1:30pm. Enjoy freshly popped popcorn and beverages during the show!

- July 6th- "The Game Plan"
- July 13th- "The War with Grandpa"
- July 20th- "Secondhand Lions"
- July 27th- Residents' Choice Movie



**Jolene Barnett**  
*Memory Care Activities Director*

## It Is Great to Hydrate!

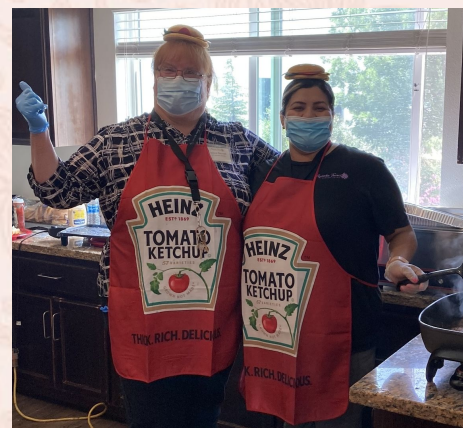
With summer approaching, we all need to be mindful to stay cool and hydrated. Seniors with dementia are especially prone to suffering from dehydration. We have a hydration station in our Memory Care. We also have beverage breaks offering a variety of lemonades, juices, and iced teas.



## CANDID CORNER: Celebrating Hamburger Day!



Celebrating eat a hamburger day, Herman getting ready to enjoy his burger.



Jolene and Maribel having fun grilling up some hamburgers in Memory Care.



Memory care residents will be kicking off with a July 4th celebration on July 1st at 10am with fun in the sun and cooling down with ice cream sundaes at 2pm.



Residents enjoying hamburgers, potato salad, baked beans, watermelon.



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