# Rockville Zerrace SENIOR LIVING

4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222



#### **Spring Has Sprung!**

The month of May is a very exciting one. There are a lot of things to celebrate, be grateful for, and honor! We kick off this month with a Cinco de Mayo celebration!

May 5th, the dining team is teaming up with the activities department to make sure this day is fun for all. With an outdoor buffet of Mexican food, a Mariachi trio, and margaritas for all, no one will want to miss this celebration!

May 6th, we will be celebrating Mother's Day with an elegant tea party. We are inviting all of the mothers here in our community to join us for some tea and hors d'oeuvres as we honor you for all of your love and kindness!

May 27th, we will be having a Memorial Hour when we will remember and honor those we lost while serving in the United States armed forces. We will have a Missing Man Table set up, a moment of silence, and then a remembrance toast. Please join us on this day of honor while we remember all of those brave men and women lost.

#### May 2022

#### **ROCKVILLE TERRACE MANAGEMENT**

EXECUTIVE DIRECTOR ...... MIKAYLA MUEHLEISEN
DIRECTOR OF
COMMUNITY OUTBEACH FMILY DORAN

COMMUNITY OUTREACH EMILY DORAN DIRECTOR OF

RESIDENT DEVELOPMENT HANNAH RICHARDSON AL CARE JOSEPHINE GARCIA-EVANS

COORDINATOR
MC CARE COORDINATOR MARIBEL SAMAYOA
MARKETING COORDINATOR CHRISTINA TURNER
DINING SERVICES DIRECTOR EDGAR GONZALES
IL & AL ACTIVITY DIRECTOR MADDI LEWIS
MC ACTIVITY DIRECTOR JOLENE BARNETT

HOUSEKEEPING DIRECTOR TRINA BARTHOLOMEW MEDICAL RECORDS KENYA JOHNSON



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#### <u>Maddi Lewis</u> <u>Activities Director</u> <u>Independent & Assisted Living</u>

# Welcome to Our Community!

- Edna B.
- Alton M.
- Jewel K.
- Arthur P.
- Maria P.
- Leah F.
- Donald F.
- Adolfo M.

# Wishing You the Happiest Birthday!

05/01	Bernice Z.
05/04	Cece A.
05/06	Ken G.
05/07	Clarence B.
05/09	Donald F.
05/10	Murray B.
05/11	Diana B.
05/14	Al S.
05/27	Maria P.
05/31	Bob F.

#### **Mobile Dental Services**

Amanda Amaro, DDS of Tranquility Health, will now be providing on-site dental care for our residents. Dr. Amaro is a Certified Dementia Practitioner, and specifically trained to treat elders. She comes with all the equipment necessary to provide on-site comprehensive dental care, including exams, digital x-rays, cleanings, fillings, crowns/bridges, dentures, and extractions. For information on registering, or any questions, please call us at the front desk, or Amanda at 925-644-2700.

#### **Get to Know Our Staff**



#### Meet Our Receptionist, Martha!

Hi, there! My name is Martha Brenda Osorio and I am 25 years old. When I was younger, my father used to send my two sisters and me to Mexico every summer vacation to spend time with his family. In December, my parents and my siblings would all go to spend Christmas in their hometown in Mexico. It was such a great time learning more about my family!

In March of 2021, I married my husband, Rogelio, and we now have a very energetic 4-year-old daughter who keeps me on the move! I am originally from Suisun City, but when I was 21 years old, I moved to Napa and I grew to love it. My husband and I decided to move back to Suisun and continue growing our family. As many of you know, I have a baby boy on the way who will arrive in June!

I started working at Rockville Terrace in September 2021, and since then, my love for this community has grown! The families, residents, and staff have all become very dear to my heart and I am so grateful to work in such an amazing community!



# Dear Residents and Families,

Effective April 11th, there will no longer be assigned seating in the dining room. The dining room will be open from 7AM-9AM for breakfast. 11:30AM-1:30PM for lunch and 4PM-6PM for dinner. There will no longer be any meal assignments; you will be free to come when you please during this time frame. Please keep in mind the times the dining room closes, because this will play a part in ensuring meals are prepared in a timely manner. If you have any questions or concerns about these changes, please see the front desk. Thank vou!

#### **Dream Flight Experience!**

Tuesday, May 10th, at 9:00am, eight of our community veterans have been chosen for a flight in a Boeing Stearman biplane! Dream Flights is dedicated to honoring military veterans and seniors with the adventure of a lifetime, and we are so excited that our community has a chance to be a part of this experience! We would like to invite our community to join us. Please reach out to Maddi if you want to come and support our veterans on this flight!

#### <u>Jolene Barnett</u> Memory Care Activities Director

#### **Happy Mother's Day**

We'd like to wish all the moms in our community a happy Mother's Day. We appreciate you!





Our community bus is reserved for memory care Residents every Friday at 10am & 2pm for scenic drives. If you are planning on visiting your loved one on a Friday, please call the front desk and let them know you will be coming so we know not to put them on the bus trip that day.



#### **SHOWTIME!**

The Movie Theater is reserved for Memory Care Residents on Wednesdays, at 1:30pm, for Freshly Popped Popcorn & a Movie.

- May 11th- "Blue Hawaii"
- May 18th- "Yours, Mine & Ours"
- May 25th- "Rock-A-Bye Baby" (Jerry Lewis)



### Welcome to Our Community!

We are so excited to welcome our newest residents to our Memory Care community. Thank you for choosing Rockville as your Home,

- \* Patrick G.
- \* Kayoko R.



# Just Conformal for Fun

We will be celebrating Cinco de Mayo on May 5th, at 2pm, with a taco & burrito bar for Memory care Residents.



We will be celebrating our mothers with a Mother's Day tea party, May 4th at 10am, for our mothers in Memory Care.



We will also be celebrating national "Eat a Hamburger Day." Jolene & Maribel will be cooking lunch for Memory Care residents with homemade hamburgers, potato salad, baked beans, watermelon and ice cream.







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