

Rockville Terrace

SENIOR LIVING



4625 Mangels Blvd. • Fairfield, CA 94534 • (707) 862-2222

December 2021



Dancing in a Winter Wonderland

This year has been full of many changes, hardships, and adjustment to a new norm; but in this time we forget to enjoy the happy things that still remain. We forget to celebrate the friendships we have created, all of the laughs we have shared together, and the fun there is still left to have. So this holiday season we are going to make sure, that at least for a day, we put our worries aside and dance them away.

Attention, all residents: get ready to dance the day away with some of your favorite songs! Put on your dresses, nice shirts, best pants, and dancing shoes because we are having a "Winter Wonderland Ball"! On December 23rd at 2:30PM we are going to be celebrating the holidays and dancing into the New Year! Join us for delicious food, spiked punch, and amazing company. All we ask is that you bring your best dance moves!

ROCKVILLE TERRACE MANAGEMENT

EXECUTIVE DIRECTOR MIKAYLA MUEHLEISEN
DIRECTOR OF
COMMUNITY OUTREACH EMILY DORAN
DIRECTOR OF
RESIDENT DEVELOPMENT .. HANNAH RICHARDSON
AL CARE COORD. JOSEPHINE GARCIA-EVANS
MC CARE COORDINATOR MARIBEL SAMAYOA
MARKETING COORDINATOR CHRISTINA TURNER
DINING SERVICES DIRECTOR EUGENIO GARCIA
IL & AL ACTIVITY DIRECTOR MADDI LEWIS
MC ACTIVITY DIRECTOR MONTE BOOMGAARN
HOUSEKEEPING DIRECTOR . TRINA BARTHOLOMEW
MEDICAL RECORDS CYNTHIA LEARSON



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Maddi Lewis
Activities Director
Independent & Assisted Living



Welcome to Our Community!

Welcome, Chuck M., Gloria G.,
Rudy A., George D., and
Joan H.!

We are thrilled to welcome you
all to our beautiful and loving
community! Let us know how
we can make this transition
easier for you because we are
more than willing to help!

A Month Full of Excitement

- | | |
|-------------|--------------------------------------|
| December 3 | Wig Out Day! |
| December 7 | Cotton Candy
Day! |
| December 9 | Pastry Day! |
| December 10 | Christmas
Socks Day! |
| December 13 | Cocoa Day! |
| December 17 | Ugly Sweater
Day! |
| December 18 | Family Drive By
Christmas Parade! |
| December 21 | Bake Sale! |
| December 22 | Resident & Staff
Hot Cocoa Bar! |
| December 23 | Our Winter
Wonderland Ball! |
| December 24 | Christmas Pajama
Day! |
| December 25 | Merry Christmas! |

Get to Know Our Staff



Meet Christina

"I was born on Travis Air
Force Base and have always
called Solano County home.
Before COVID, I got engaged
and then found out that we
would be blessed with a baby
boy. He has become my whole
world and made me a better
person. Family has always been
the most important to me, and
now I have a family of my own
to support and nurture.

I studied psychology and
business at our very own Solano
Community College and have
worked in several different
careers, but none have been as
rewarding as working with our
seniors. I feel that there is a need
for more advocacy and support
of the seniors, and their life
preferences. It's one of the
reasons that I joined this team as
a Marketing Coordinator, and I
couldn't be happier or feel more
at home than I do here at
Rockville Terrace. I love being
able to help new families learn
about how wonderful our
community is as well."

Family Time

This holiday season we are
determined to make the best out
of recent changes. Although we
cannot invite you all to join us
inside the community for a
Holiday party, we do want to
invite you all to join us for a
drive-thru Holiday Parade!

Decorate your cars, make signs,
and drive to Rockville Terrace on
Saturday, December 18th. Please

line up your cars in the
neighboring parking lot at

10:30AM so we can parade for
the residents together! We will
be handing out lots of goodies!
Call (707)862-2222 to RSVP or
for any other questions.

Soon after, on Tuesday,
December 21st, we will be
hosting a bake sale outside the
front doors of our community. If
you would like to donate a treat
for the event, please be sure to
let Maddi or Monte know; all
donations are very much
appreciated! The bake sale will
begin at 2:00PM, so if you are
visiting a family member or
driving by the area come take a
look at all of the goodies
donated (all proceeds are
donated to The Alzheimer's
Association)!



With Sympathy

We are so very sad to say
goodbye to Jeanne L. You were
such a wonderful addition to
our family and will be missed
greatly. We extend our deepest
condolences to the family.

Monte Boomgaarn

Memory Care Activities Director

Chunky Monkey Cookies (December 14th Activity)

Ingredients

- 2 ripe mashed bananas
- 1 box cake mix
- 1 (3.4 oz) box banana cream pudding mix
- 2 eggs
- 1/3 cup melted butter
- 1 tablespoon milk
- 1 cup chocolate chips
- 1/2 cup chopped walnuts

Instructions

1. Preheat oven to 350 degrees.
2. In a large bowl whisk together cake mix & pudding mix and put aside. (Do not prepare the pudding; leave it dry.)

3. In separate bowl combine butter, bananas, milk, and eggs.
4. Marry the wet and dry mixes in large bowl.
5. Fold in chocolate chips & walnuts into dough.
6. Scoop out cookie dough into 2 tbsp-size balls and arrange on parchment-lined baking sheet. (Leave space for expansion.)
7. Bake cookies for 10-13 minutes, or until set.
8. Allow cookies to cool for 15-20 minutes before serving.
9. Enjoy!

Recipe created by Monte & Memory Care Residents inspired by Ben & Jerry's Ice Cream flavor "Chunky Monkey" to celebrate World Monkey Day.

Upcoming Holiday Fun

- **December 3rd - International Sweater Vestival** - This holiday was created to help people lighten up and have fun. We will be letting loose with some holiday trivia. Winner will get an "ugly" holiday sweater they can wear the following Friday for our Ugly Sweater Dress Up Day.
- **December 9th - Christmas Card Day** - We will be crafting holiday cards that we will then send out to loved ones. Contact Monte if you would like to be put on our mailing list.

- **December 15th - International Tea Day** - Instead of morning tea time, we will be having a "Tea Tasting Tertulia." Residents will be sipping a variety teas while chatting about the history of tea drinking as well as the cultural impact it has had.
- **December 21st - Winter Solstice** - We will be decorating Yule logs with ribbons, fabric, and herbs.
- **December 31st - New Year's Eve** - Midnight is too late to stay up for most. We will watch footage of fireworks from around the world and enjoy Bubbly & Bites in the afternoon.



Her Smile Could Wash Away a Thousand Doubts and Light Up a Room.

Our hearts are aching as we announce the passing of our deeply beloved Harriet S. Please join us in sending much love and support to her family and friends during this difficult time. Harriet was a major participant in many activities. She loved playing Bingo (mostly for the chocolate when she won), getting pampered (hair & nails), and socializing with the other residents (she had MANY friends). It was inspiring to see after being married for over 60+ years, she still went out for a nightly dinner date with her husband that always ended with a scoop of her favorite spumoni ice cream. Harriet and her husband were even voted Valentine's Day Queen & King this year by the residents and staff. Harriet was known for her beautiful smile as well as the goofy faces she would make. She will be sorely missed by many!



Wishing You
JOY & CHEER
THIS HOLIDAY SEASON & NEW YEAR



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